

ATLANTA CENTER FOR GASTROENTEROLOGY, PC

2665 N Decatur Road, Suite 550, Decatur, GA 30033

Phone: 404-296-1986 or 404-297-5000

VISICOL 28 TABLET PREP

Atlanta Endoscopy Center

Date of Procedure: ___/___/___

Time: _____

Location: Dekalb Medical Center

DAY PRIOR TO THE PROCEDURE:

Drink only “clear liquids” for breakfast, lunch and dinner. **NOT ALLOWED:** Solid foods, milk or milk products. Stay away from anything **red or purple**. **DO NOT CHEAT AND EAT!**

Clear liquids include:

Strained fruit juices pulp free (apple, white grape, lemonade), water, clear broth or bouillon, Gatorade, Coffee or tea without milk or non-dairy creamer, carbonated and non-carbonated soft drinks, Kool-Aid or other fruit flavored drinks, plain Jello without added fruit or toppings, ice popsicles

FIRST DOSE

Begin the 1st dose at 5:00PM. Take 4 Visicol tablets every 15 minutes with at least 8oz of clear liquids (follow the clear liquid diet listed above), until you have taken all 20 tablets. **DO NOT EXCEED 20 TABLETS.** Drink Ginger Ale with the last 4 tablets.

4 tablets 4 tablets 4 tablets 4 tablets 4 tablets
@ @ @ @ @
5:00pm 5:15pm 5:30pm 5:45pm **6:00pm with Ginger Ale**

SECOND DOSE

Begin the 2nd dosing regimen at approximately 9pm, not before. Take with at least 8oz of clear liquids

4 tablets 4 tablets
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9:00 pm **9:15 pm with Ginger Ale**

Take 2 Dulcolax tablets (5mg) at bedtime.

DAY OF THE PROCEDURE

Take plain **TAP WATER ENEMAS UNTIL STOOL IS CLEAR**. You must complete these enemas at least one hour prior to coming in for the procedure. You can purchase an enema bag (with a nozzle) at the Doctor’s office or at the pharmacy. Please lie on your LEFT side or on you knees leaning forward. **DO NOT SIT ON TOILET WHILE TAKING ENEMA, AS THIS POSITION WILL NOT ALLOW THE WATER TO THOROUGHLY CLEAN YOUR COLON.** Make sure you hold the water in as long as you can. Fill the bag up at least 1-2 times or more, if needed, for clear results. It may take several enemas to clear the stool. **FLEETS ENEMAS, OR BULB SYRINGES ARE NOT ACCEPTABLE.** ***ENEMAS ARE AN IMPORTANT PART OF THE PREP FOR A COLONOSCOPY AND IT IS THE PATIENT’S RESPONSIBILITY TO HAVE THEM DONE.**

If you have financial concerns about your ability to handle the fees associated with your Colonoscopy, please call **404-296-1986 at least 24 hours prior to your procedure and ask for the business office.